

# UIM 2026 *Virtual*

## Practice Changing Advances

October 22 & 23, 2026



### Day 1 - Thursday, October 22, 2026

|                                                             |                                                                              |                                                              |
|-------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------|
| 7:00-7:55am (55 min)                                        | Technical Support and Virtual Exhibits Open                                  |                                                              |
| 7:55-8:00am (5 min)                                         | Course Welcome                                                               | Anne Marie Lennon, MD, PhD<br>Chair – Department of Medicine |
| 8:00-8:40am (40 min)                                        | The Ever-Changing Lipid Management Landscape: New 2026 Guidelines            | Anum Saeed, MD                                               |
| 8:40-9:20am (40 min)                                        | What's New in GLP1s in the Past 12 Months?                                   | Janet Leung, MD                                              |
| 9:20-9:25am (5 min)                                         | Break                                                                        |                                                              |
| 9:25-10:25am (60 min)<br><b><u>Live Webinar Session</u></b> | <b>Topic coming soon</b>                                                     |                                                              |
| 10:25 -10:35am                                              | Make it Stick: Update in Pre-Operative Cardiac Evaluation                    | Corey Rearick, MD                                            |
| 10:35-11:15am (40 min)                                      | <b>Breakout Session</b>                                                      |                                                              |
|                                                             | Update in Insomnia for the PCP                                               | Aaron Palmquist, MD                                          |
|                                                             |                                                                              |                                                              |
| 11:15-11:55am (40 min)                                      | Migraine Management in Primary Care                                          | Megan Trenz, DO                                              |
| 11:55-12:50pm (55 min)                                      | Lunch                                                                        |                                                              |
| 12:50-1:30pm (40 min)                                       | Practical Strategies for Antibiotic Stewardship                              | Tina Khadem, PharmD, BCPS and<br>Sunish Shah, PharmD, BCIDP  |
| 1:30-2:10pm (40 min)                                        | You Started a Med and the Creatinine Increased: Now What?                    | Kevin Stephenoff, MD                                         |
| 2:10-2:15pm (5 min)                                         | Break                                                                        |                                                              |
| 2:15-2:25pm (10 min)                                        | Make it Stick: Update in Pre-Operative Cardiac Evaluation                    | Daniel Dunlap, MD                                            |
| 2:25-3:05pm (40 min)                                        | Sports Medicine in Primary Care                                              | Eric Anish, MD                                               |
| 3:05-3:35pm (20 min)                                        | Break                                                                        |                                                              |
| 3:35-4:15pm (40 min)                                        | Physician Wellness: The Evidence and the Landscape in 2026                   | Ian Barbash, MD MS                                           |
| 4:15-4:55pm (40 min)                                        | AI and Clinical Decision Support in Medicine:<br>Best Practices and Pitfalls | Casey N. McQuade, MD, MS Ed                                  |
| 4:55pm                                                      | <b><u>Course Day 1 Adjourn</u></b>                                           |                                                              |

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### Day 2 - Friday, October 23, 2026

|                        |                                                                                   |                                                                    |
|------------------------|-----------------------------------------------------------------------------------|--------------------------------------------------------------------|
| 7:00-8:00am (60 min)   | Technical Support and Virtual Exhibits Open                                       |                                                                    |
| 8:00-8:40am (40 min)   | Update in Allergy and Immunology for the PCP                                      | Andrej A. Petrov, MD                                               |
| 8:40-9:20am (40 min)   | Update in Diarrhea                                                                | Aylin Tansel, MD, MPH                                              |
| 9:20-9:25am (5 min)    | Break                                                                             |                                                                    |
| 9:25-10:25am (60 min)  | <b>Topic coming soon</b>                                                          |                                                                    |
|                        | <b><u>Live Webinar Session</u></b>                                                |                                                                    |
| 10:25-10:35am (10 min) | Break                                                                             |                                                                    |
| 10:35-11:15am (40 min) | <b>Breakout Sessions</b>                                                          |                                                                    |
| A.                     | Management of Premenstrual Disorders                                              | Vanessa Murray MD                                                  |
| B.                     | <b>Topic coming soon</b>                                                          |                                                                    |
| 11:15-11:55am (40 min) | Beyond Pain Control: Symptom Management in Patients with Advanced Chronic Illness | Maria Felton Lowry, PharmD, BCPS, BCGP and Courtney Wagner, MD, MS |
| 11:55-12:50pm (55 min) | Lunch                                                                             |                                                                    |
| 12:50-1:30pm (40 min)  | <b>Topic coming soon</b>                                                          |                                                                    |
| 1:30-2:10pm (40 min)   | Cosmetic Dermatology for the PCP                                                  | Suzan Obagi, MD                                                    |
| 2:10-2:25pm (15 min)   | Break                                                                             |                                                                    |
| 2:25-3:05pm (40 min)   | Common Ophthalmology Challenges in Primary Care                                   | Roheena Kamyar, MD                                                 |
| 3:05-3:25pm (20 min)   | Break                                                                             |                                                                    |
| 3:25-3:35pm (10 min)   | Make it Stick: When Miralax isn't Enough: Update in Constipation Treatment'       | David Levinthal, MD, PhD                                           |
| 3:35-4:15pm (40 min)   | Harm Reduction in Primary Care for Patients with Substance Use Disorder           | Raagini Jawa, MD, MPH, FASAM                                       |
| 4:15-4:55pm (40 min)   | Cardiac Microvascular Disease (with some specific content on menopause)           | Malamo Countouris, MD, MS                                          |
| 4:55-5:00pm (5 min)    | Closing Remarks: UIM Course Director                                              | Jennifer Corbelli, MD, MS                                          |