

IBD U.N.I.T.E.

Unify, Network, Inspire, Treat & Educate

Education for Inflammatory Bowel Disease (IBD) Patients and Their Loved Ones

UPMC's IBD U.N.I.T.E. program will provide education and support for patients with inflammatory bowel disease (IBD) and their loved ones. IBD includes Crohn's disease and ulcerative colitis as well as indeterminate, microscopic, or collagenous colitis. Participants will learn about innovative ways to manage their IBD during keynote presentations and through extensive panel discussions.

To register, visit
UPMC.com/IBDUNITE
or scan the QR code.

Saturday, March 2, 2024
9 a.m. to 2:30 p.m.

The University Club
123 University Place
Pittsburgh, PA 15213

- Admission is free, but all attendees must preregister.
- Please register separately for each attendee.



UPMC's 2024 IBD U.N.I.T.E. is an in-person program. A limited number of lectures will be recorded and shared after the conference, but this conference is designed for in-person participation. IBD U.N.I.T.E. is designed for patients, families and loved ones, and medical professionals, and is accredited for nurses and dietitians.

IBD U.N.I.T.E. topics include:

- IBD medical and surgical treatments.
- Behavioral health interventions and nutrition.
- Guest speakers: Shrinivas Bishu, MD (University of Michigan) and David Gardinier, RD (Cleveland Clinic).
- Panels of patients, physicians and integral medical professionals to answer *your* questions.

Accreditation:

This activity is approved for nurse and dietitian accreditation. Other health care professionals will receive a certificate of attendance confirming the number of contact hours commensurate with the extent of participation in this activity.

We will make every effort to address all audience questions during the IBD U.N.I.T.E. program. Please email any pre-conference questions about IBD care or any program questions to joj2@pitt.edu. You will also have the opportunity to ask questions during the program.

Share your IBD UNITE story on social media: #IBDCantStopMe and #IBDUNITE.

UPMC HEALTH PLAN

UPMC
LIFE CHANGING MEDICINE

UPMC IBD U.N.I.T.E. 2024: Digesting the Facts

AGENDA



- 9:00 a.m. Registration and Continental Breakfast
- 9:30 a.m. Welcome
Multidisciplinary Case Discussions *with the UPMC IBD Team*
- 9:40 a.m. Case #1: UC/Pouchitis
- 10:20 a.m. Case #2: CD/Perianal Fistulizing Disease
- 11:00 a.m. Break
- 11:15 a.m. Breakout Session #1
· Tiny but Mighty: Micronutrients in IBD
· Gut Feelings: Managing the Brain Gut Connection in IBD
· Ostomy: Dispelling Myths Versus Reality
- 11:45 a.m. Lunch and Break
- 12:10 a.m. Keynote Lecture: New Therapies for IBD
- 12:45 a.m. Break
- 1:05 p.m. Breakout Session #2
· Tiny but Mighty: Micronutrients in IBD
· Gut Feelings: Managing the Brain Gut Connection in IBD
· Pregnancy, Fertility, and Family Planning
- 1:35 p.m. Living with IBD: The Patient Experience
- 2 p.m. Q&A and FAQ *with Medical Team and Patient Advocates*
- 2:30 p.m. Adjourn

Guest Faculty

Shrinivas Bishu, MD: Assistant Professor of Medicine; Gastroenterologist; Clinical Director of IBD, Crohn's & Colitis Center; Associate Program Director, GI Fellowship. University of Michigan | Ann Arbor, MI

David Gardinier, RD: Dietitian, Digestive Disease & Surgery Institute. Cleveland Clinic Foundation | Cleveland, OH

UPMC Faculty

Jeffrey Dueker, MD, MPH, *course director**

Therezia Alchoufete, MS, RD, LDN, *course co-director**

Helen Hunt, LSW, *course co-director**

Arthur Barrie, III, MD, PhD

Patrick Buckley, MD

Amir-Ali Ghaffari, MD, PhD

Elyse Johnston, MD

Vladimir Lamm, MD

Rebecca Lutheran, DNP, FNP-C

Cassie Myers, CRNP*

Lori Plung*

Marc Schwartz, MD

Tara Sherry-Torres, LSW*

Joseph Sleiman, MD

Robert Tessler, MD, MPH

Linda Wang, MD

Cecilia Zamarripa, PhD, RN, CWON

** IBD U.N.I.T.E. Planning Committee*