



**UPMC Palliative And Supportive Institute**  
3600 Forbes Avenue  
Iroquois Building, Suite 308  
Pittsburgh, PA 15213  
1-855-565-7146  
UPMC.com/PSI  
psicare@upmc.edu

### How to Contribute

Charitable gifts are an important source of funding for the UPMC Palliative and Supportive Institute (UPMC PSI). Your contribution will help us continue to assist patients and families during times of great sadness and anxiety. The Gift/Pledge form on the reverse side is an easy way to make a one-time or recurring gift. We also welcome corporate matching contributions, as well as planned or deferred gifts.

To learn more about the ways in which you can support the programs of the Palliative and Supportive Institute, call Anne Immekus at **412-647-2434** or send an email to **ianne@pmhsf.org**.

Please make your check payable to the UPMC PSI. Mail your check with your completed pledge form to:

**UPMC PALLIATIVE AND SUPPORTIVE INSTITUTE**

3600 Forbes Avenue  
Iroquois Building, Suite 308  
Pittsburgh, PA 15213

If you do not want to receive future requests for charitable gifts for research, education, training, or other advances in health care at UPMC, write to us at the above address. We will make all reasonable efforts to ensure that you do not receive any such communication from us in the future.

**UPMC PALLIATIVE AND SUPPORTIVE INSTITUTE**

## Living Better with Serious Illness

Palliative and Supportive Care  
Outpatient Clinics



### What is Palliative Care?

“Palliate” means to ease, and the focus of palliative care is to ease the suffering that results from illness and to improve the quality of life for you and for your family. Palliative care provides expert treatment for your uncomfortable symptoms and can be provided at the same time as curative treatments. Palliative care also helps you live with serious physical illness, even when the underlying disease cannot be cured.

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**Promoting quality of life by treating symptoms**

If you are living with a serious illness, palliative and supportive care can help you live more comfortably. At the UPMC Palliative and Supportive Institute, our palliative program provides specialists who work with you and your medical team to help with many aspects of your illness. We can assist you with managing pain and physical symptoms and with anxiety, depression, and how to cope with a serious illness.

Our team of physicians, nurse practitioners, nurses, and psychologists are highly trained and experienced. Our job is to collaborate with your primary doctor and treating specialists and provide an extra layer of support to ensure you are getting the best care possible and have the best possible quality of life.

**Navigating serious illness**

You and your family may be facing some hard choices. You may want help in considering the options presented to you. We can work with you in making difficult decisions about treatment issues based on your goals and needs.



**How to Request Palliative and Supportive Care**

To request a consultation, speak with your treating physician, or contact the appropriate clinic.

**Benedum Geriatric Center**

3459 Fifth Ave., 4<sup>th</sup> floor  
Pittsburgh, PA 15213  
412-692-4200

**Geropalliative Care Clinic at UPMC St. Margaret**

100 Delafield Rd., Suite 105  
Pittsburgh, PA 15215  
412-784-5050

**Hillman Cancer Center**

5115 Centre Ave.,  
Pittsburgh, PA 15232  
412-692-4724

**Pharmacotherapy Clinic**

412-692-4724

**Magee-Womens Hospital of UPMC**

Supportive and Palliative Care Clinic in the Division of Gynecological Oncology  
300 Halket St., Suite 1750  
Pittsburgh, PA 15213  
412-641-5411

**Supportive and Palliative Care Clinic in the Women's Cancer Center**

300 Halket St., Suite 4628  
Pittsburgh, PA 15213  
412-641-4530

**UPMC East Pain and Supportive Care Clinic**

400 Oxford Dr., Suite 100  
Monroeville, PA 15146  
412-380-5775

**UPMC Kidney Clinic at University Center**

120 Lytton Ave., Suite 300  
Pittsburgh, PA 15213  
412-802-3043

**UPMC Palliative and Supportive Institute Cardiopulmonary Program**

UPMC Presbyterian Advanced Heart Failure Center  
200 Lothrop St., Suite 5B  
Pittsburgh, PA 15213  
412-647-6000

**Comprehensive Lung Center**

Falk Medical Building  
3601 Fifth Ave., 4<sup>th</sup> floor  
Pittsburgh, PA 15213  
412-648-6161

**UPMC Passavant Pain and Supportive Care Clinic**

UPMC Hillman Cancer Center at UPMC Passavant  
9100 Babcock Blvd.  
Pittsburgh, PA 15237  
412-748-5790

**Gift/Pledge Form**

I/We are happy to support the UPMC Palliative and Supportive Institute.

I/We prefer to make a pledge, payable over up to 5 years.

Amount \$\_\_\_\_\_ Number of years \_\_\_\_\_

Please send annual reminders in this month:

Signature \_\_\_\_\_

I/We have enclosed a check, payable to UPMC PSI.

I/We would like to use a credit card (please see below).

My employer will match this gift; my form is enclosed.

I/We are making our gift \_\_\_\_\_ in memory of \_\_\_\_\_ (name) in honor of \_\_\_\_\_ (name)

Occasion \_\_\_\_\_

Please notify \_\_\_\_\_

Please charge the following:

Visa  MasterCard  AMEX  Discover

Account Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Name as it appears on card

Signature \_\_\_\_\_

Please send information about bequest language, life income gifts, or other planned gifts.

**For more information on ways to support the Palliative and Supportive Institute, call Anne Immekus at 412-647-2434 or email ianne@pmhsf.org.**

Contributions are tax-deductible within the limits set by law. The official registration and financial information may be obtained from the Pennsylvania Department of State by calling (toll-free within Pennsylvania) 1-800-732-0999. Registration does not imply endorsement.

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