

The Pulse

News for fellows and friends of the cardiovascular fellowship program of UPMC Heart and Vascular Institute

Welcome to *The Pulse*, the biannual UPMC Cardiovascular Fellowship Program e-newsletter. This publication is issued to keep graduates up to date on what's happening with the program. It is our hope that this will help everyone to stay in close contact and promote ongoing interaction among new and former graduates.

Fellowship News

Congratulations Graduates!

We congratulate the 2016 graduates of the UPMC Cardiovascular Fellowship Program and wish them all the best in their next endeavors.

- **Chirag A. Chauhan, MD**, will continue on to the Biodesign Innovation Fellowship at Stanford University.
- **Jeffrey A. Fowler, MD**, will continue on to the Interventional Cardiology Fellowship program at UPMC.
- **Kate E. Groh, MD**, will join Michigan Heart in Ann Arbor, Mich., as a noninvasive cardiologist.
- **Brianne E. Hackman, MD**, will join HonorHealth in Phoenix, Ariz., as a noninvasive cardiologist.
- **Jonathan Holtz, MD**, will join the UPMC Heart and Vascular Institute specializing in advanced heart failure at UPMC Altoona and UPMC Presbyterian.
- **Christopher R. Jones, MD**, will join Mt. Nittany Health System in State College, Pa., as an interventional cardiologist.
- **Ajay Kadakkal, MD**, will continue on to the Congestive Heart Failure Fellowship program at Stanford University.
- **Christopher B. Link, MD**, will continue on to the Congestive Heart Failure Fellowship program at UPMC.
- **Lindsay D. Mehring, DO**, will join the UPMC Heart and Vascular Institute as a noninvasive cardiologist at UPMC East.
- **Michael D. Mulock, MD**, will continue on to the Interventional Cardiology Fellowship program at UPMC.
- **Lan Nguyen, MD**, will join the UPMC Heart and Vascular Institute specializing in adult congenital heart disease and general cardiology at Children's Hospital of Pittsburgh of UPMC, Magee-Womens Hospital of UPMC, and UPMC Presbyterian.
- **Christopher E. Pray, MD**, will continue on to the Imaging Fellowship program at UPMC.
- **Anil Purohit, MD**, will continue on to the White House Fellowship program in Washington, D.C.
- **Siva K. Soma, MD**, will join Oklahoma Heart Institute in Tulsa, Okla., as an electrophysiologist.
- **Donald R. Siddoway, MD**, will join West Virginia University Medical Center as an electrophysiologist.
- **Jonathon A. Wertz, MD**, will continue on to the Electrophysiology Fellowship program at UPMC.

Awards & Honors

We offer sincere congratulations to this year's award recipients:

Advanced Heart Failure/Cardiac Transplant Fellow Recognition Award in Memory of Jeffrey Wierenga: Jonathan E. Holtz, MD

The Advanced Heart Failure/Cardiac Transplant Fellow Recognition Award was established in memory of Jeffrey Wierenga, the longest-living single heart transplant recipient, to recognize the fellow who most embodies the hope, promise, and reality of transplantation procedures.

Outstanding Shadyside Fellow 2014-2015: Jeffrey A. Fowler, MD

The Outstanding Shadyside Fellow Award is presented to an exemplary cardiovascular fellow at UPMC Shadyside.

Chief Fellow Certificate 2014: Jeffrey A. Fowler, MD

The Chief Fellow Certificate is presented to the chief cardiovascular fellow.

Galal M. Ziady Memorial Award: Anil Purohit, MD

The Galal M. Ziady Memorial Award is presented to a fellow who received a medical degree in a disadvantaged country and is pursuing advanced medical training at the University of Pittsburgh School of Medicine.

James A. Shaver Memorial Award: Lindsay D. Mehring, DO

The James A. Shaver Memorial Award is presented to the UPMC Cardiovascular Fellow who best exemplifies Dr. Shaver's deep commitment to cardiovascular education.

Edward I. Curtiss Memorial Teacher Award:

Stephen C. Cook, MD, FACC

The Edward I. Curtiss Memorial Teacher Award is presented to the faculty member who demonstrates outstanding excellence in teaching the cardiology fellows.

Accomplishments

National Institutes of Health T32 Grant

We are elated to announce the acquisition of a T32 grant from the National Institute of Health. This is a prestigious training award given to institutions to prepare trainees for careers that have a significant impact on the health-related research needs of the nation.

Our specific T32 program seeks to train researchers in a broad spectrum of cutting edge, multimodality imaging platforms with an emphasis on translational cardiovascular research. The goal of the program is to train scientists who can commute between imaging science and biomedical research to grow a powerful, bidirectional relationship between the two. Our trainees will acquire competencies in imaging methods spanning molecular to whole organism, from basic to population levels through a co-mentorship structure.

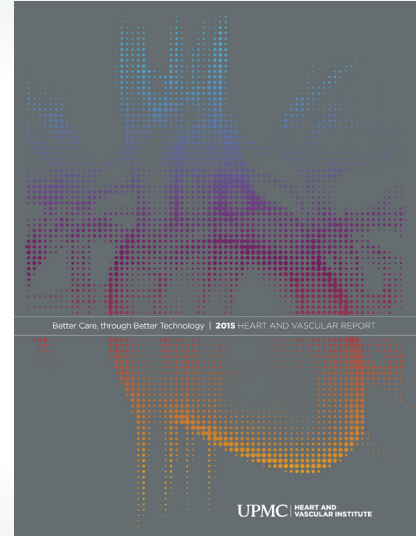


The director of the award is **Flordeliza Villanueva, MD**, a cardiac imaging specialist and translational researcher. Dr. Villanueva brings extensive mentoring and leadership experience to the program and has been at the forefront of molecular probe and ultrasound technology development for years. She is guided by our Training Committee, a group comprised of more than 30 experts in basic, translational, and clinical cardiovascular research and training.

The program is enhanced by a rich infrastructure from the Clinical Sciences Translational Institute and Center for Ultrasound Molecular Imaging and Therapeutics, Pittsburgh Heart, Lung, Blood, and Vascular Medicine Institute (VMI) Cores, and interactions with other institutional translational T32 recipients. We are proud to be able to offer this opportunity to current and future trainees and look forward to their discoveries.

2015 HVI Report

The 2015 Report highlights the UPMC Heart and Vascular Institute's research and clinical initiatives to advance patient care and treatment models through collaboration among cardiology, cardiac surgery, and vascular surgery. **View the Report.**



Share Your News!

We know how much you value the education you received here, and invite your input and support. One of our first priorities is to gather contact information for all of our former trainees.

Please email Denise Goppman at goppmanda@upmc.edu with your current email address and any updates that you might like to share.

Going the Distance: Medical Care at the Pittsburgh Marathon

By Eli Friedman, MD



I have had the good fortune of being a part of the Dick's Sporting Goods Pittsburgh Marathon team since 2012. Our races include the marathon and half marathon, the EQT 10 Miler and the Liberty Mile. In this capacity, I direct the rapid response team and all finish line medical care, in addition to serving on the medical board.

Our group brings together a true multidisciplinary team aimed at keeping all runners safe and making the experience as rewarding for everyone as possible. We are made up of doctors, nurses,

physical therapists, athletic trainers, and members of the National Ski Patrol. We respond to everything from musculoskeletal issues to cardiac arrest and have to be prepared for every scenario as the tragedy in Boston taught us.

My personal interest in sports and athletic cardiology has been fostered by this unique experience and has taught me a great deal about the limits of one's cardiovascular system (in addition to pushing me to run my own set of long distance races!). It is truly an honor to be a part of something that has brought so much good to this city.



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