



# Pitt Integrated Clinical and Geroscience Research Training Program Application Form

## PERSONAL INFORMATION

Name: \_\_\_\_\_  
(First) (Middle) (Last)

Date of birth: \_\_\_\_\_

Citizenship or green-card status: \_\_\_\_\_

*NB: As an NIH funded program, T32 training grants can only support individuals who are U.S. citizens or permanent residents (green card holders).*

Proposed starting date of fellowship: \_\_\_\_\_

Interested in predoctoral or postdoctoral training (check one):    Predoctoral                      Postdoctoral

## CONTACT INFORMATION

Home address: \_\_\_\_\_  
\_\_\_\_\_

Email address: \_\_\_\_\_

Phone: ( \_\_\_ ) \_\_\_ - \_\_\_\_

## EDUCATION & PRIOR TRAINING

	College	Degree	Month / Day / Year
Undergraduate:	_____	_____	_____
Graduate school	_____	_____	_____
Medical school	_____	_____	_____

MCAT or GRE (or equivalent) Scores: \_\_\_\_\_

Honors, special training, etc.: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Professional Positions	Institutions	Year
_____	_____	_____
_____	_____	_____
_____	_____	_____

## LETTERS OF REFERENCE

Please list names and email addresses of two (2) references, including the proposed mentor. Letters of recommendation should be e-mailed by the referee to **Elena Loedding** ([enl44@pitt.edu](mailto:enl44@pitt.edu)).

Proposed mentor: \_\_\_\_\_

Additional referee: \_\_\_\_\_

## ADDITIONAL MATERIALS

In addition to this completed application form, please provide the following items as a single PDF:

1. Proposed Research Area (one page; include background, hypothesis, specific aims, and methods)
2. Statement of Career Goals (not to exceed one page; please review the [University of Pittsburgh Postdoctoral Career Development Plan](#) for guidance)
3. Current curriculum vitae or NIH biosketch
4. Primary mentor's NIH biosketch

Send the completed application form and additional materials as a single PDF to:

- Dr. Daniel Forman ([formand@pitt.edu](mailto:formand@pitt.edu))
- Dr. Aditi Gurkar ([agurkar1@pitt.edu](mailto:agurkar1@pitt.edu))
- Elena Loedding ([enl44@pitt.edu](mailto:enl44@pitt.edu))

## NOTES FOR THE APPLICANT:

If accepted to the T32 program, trainees must agree to the following:

- Commit to 2 years of training
- Attend the **Pepper Research Education Component (REC)** (1.5 hours every other week; currently noon to 1:30 pm every other Wednesday) *Predoctoral trainees only*
- **Attend one of the following seminar series** (*Postdoctoral trainees must attend A and B*):
  - A. [Pepper Research Seminars](#) (1 hour every other week, September to May; currently 8:30 am to 9:30 am every other Monday morning)
  - B. Friday Division of Geriatric Medicine Conference (1.5 hours per week) *\*Continuing Education Credits available.*
  - C. [Aging Institute Research Seminar Series](#) (1 hour; noon to 1 pm on the 2<sup>nd</sup> Thursday of each month)
- Take at least one of the aging concentration courses in the CRTP or, if pursuing a basic science area, [MSMGDB 3560: Molecular Mechanisms of Longevity & Aging](#) (*predoc*) or an alternative source of formal learning about aging research such as the month's Biology of Aging seminar (*postdoc*)
- Create and maintain a career portfolio IDP with goals and timelines, self-assessment, and progress reports every 6 months

**Note on Mentorship for 2025:** The NIH is requiring structured mentorship training (as of yet undefined) for T32 mentors going forward. Our process for providing this is still being refined, but we would like the mentors to be aware this is in process.