

27th Annual Clinical Update in

# GERIATRIC MEDICINE

**April 25-27, 2019**

Pittsburgh Marriott City Center  
Pittsburgh, Pennsylvania

To register, please visit: <https://ccehs.upmc.com>

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Center for Continuing Education in the Health Sciences  
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27th Annual Clinical Update in

# GERIATRIC MEDICINE

**April 25-27, 2019**

Pittsburgh Marriott City Center  
Pittsburgh, Pennsylvania

## Course Directors

Shuja Hassan, MD

Neil M. Resnick, MD

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Jointly provided by:

The Pennsylvania Geriatrics Society – Western Division

University of Pittsburgh Institute on Aging

and

University of Pittsburgh School of Medicine

Center for Continuing Education in the Health Sciences

27th Annual Clinical Update in

# GERIATRIC MEDICINE

*This conference provides a Partnership effort of:*

## Premier Partner

- ▲ UPMC Health Plan

## Partnering Institutions

- ▲ Aging Institute of UPMC Senior Services and University of Pittsburgh and UPMC Palliative and Supportive Institute
- ▲ Allegheny Health Network – Forbes Family Medicine Residency Program
- ▲ Heritage Valley Health System
- ▲ Highmark Blue Cross Blue Shield and Allegheny Health Network
- ▲ University Center for Social and Urban Research
- ▲ UPMC McKeesport Family Medicine Residency Program
- ▲ UPMC Shadyside
- ▲ UPMC St. Margaret
- ▲ Washington Health System Geriatrics Fellowship



*Location and Accommodations information on page 16.*

## Introduction

As the population continues to age, we are all seeing a tidal wave of older persons in our hospitals, clinics and nursing homes. Moreover, the fastest growing segment of the population comprises individuals above the age of 85 years. The purpose of our conference is to provide an evidence-based approach to help clinicians take exceptional care of these often-frail individuals.

## Highlights

### Speakers

- ▲ **Handpicked** by a multidisciplinary committee of clinicians from academics, practice, and the payer community. Selection was based on two criteria:
  - **Expertise** – which in most cases is nationally-recognized and often responsible for the advances relative to practice
  - **Ability to convey information**, in a practical, succinct, and entertaining way that will allow attendees to immediately incorporate lessons into their practice

### Topics and Structure

- ▲ “Year in Review,” covering highlights of recent advances/controversies
- ▲ State of the Art updates on common geriatric conditions, and tailored to each setting, i.e., office, hospital, home, nursing home
- ▲ Effectively manage the geriatric syndromes including Falls, Osteoporosis, Voiding Dysfunction and Retention, Depression and Dementia
- ▲ Clinically relevant topics with evidence-based solutions on electrolyte disorders, common infections, anemia, kidney disease, orthostatic hypotension and pressure ulcers
- ▲ Geriatric Cardiology Symposium including heart failure, AFib, aortic stenosis, hypertension
- ▲ “Ask the Expert” sessions on Oncology, Rheumatology, Lung Disease, and Foot/Ankle Problems
- ▲ Multiple breakout sessions allowing attendees to design their own course, affording close interactions with experts on challenging topics and real-world cases
- ▲ Board Review for Clinicians in a Q & A format
- ▲ Special dinner symposium: clinical cases will be presented on cardiology topics with expert Cardiologists leading the discussion – audience participation is expected

## Learning Objectives

At the end of this course, participants should be able to:

- ▲ Provide evidence-based updates for common geriatric disorders
- ▲ Understand how the approach to geriatric care differs by clinical setting
- ▲ Understand innovative new initiatives and programs to improve the care of the older patient
- ▲ Get answers to specific clinical questions from their own practice

## Who Should Attend

This course is designed for family practitioners, internists, geriatricians, and other health care professionals who provide care to older adults. Previous attendees will also be interested because of the conference's continually changing topics, speakers and approach.

## Continuing Education Credit

**Types of credit: CME, AAFP, Nursing, Social Work, and ACPE**

**CME** – This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Pittsburgh School of Medicine and the Pennsylvania Geriatrics Society – Western Division. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of **21.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. *(The 21.5 includes the 1.5 hour dinner symposium on Thursday.) Thursday = 8.25; Dinner = 1.5; Friday = 8; Saturday = 3.75.*

**AAFP** – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**Nursing** – UPMC Provider Unit is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**Social Work Credits** – This program is offered for **21.5** hours of Social Work continuing education through co-sponsorship of the University of Pittsburgh School of Social Work, a Council of Social Work Education accredited school and, therefore, a Pennsylvania pre-approved provider of social work continuing education. These credit hours satisfy the requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For more information on social work continuing education call (412) 624-3711. *(The 21.5 hours includes the 1.5 hour dinner symposium)*

Center for Continuing Education in the Health Sciences

For more information on conference details and credit offerings, please visit our website: <https://ccehs.upmc.com>, phone Krystal Golacinski: (412) 647-7050



**ACPE** – This program is sponsored by the University of Pittsburgh Center for Continuing Education in the Health Sciences. The University of Pittsburgh Center for Continuing Education in the Health Sciences is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a Provider of continuing pharmacy education.

| Session Title  | Contact Hours |
|--|---------------|
| <b>Thursday - April 25, 2019</b>   |               |
| Case Studies in Geriatric Pharmacology*                                      | 0.75          |
| Disorders of Electrolytes in the Elderly*                                    | 0.75          |
| Update on Clostridium Difficile*   | 0.75          |
| Approaches to Anemia*  | 0.75          |
| Catch Me If You Can, Update in Reducing the Risk of Injurious Falls*         | 0.75          |
| Vignettes in Infectious Diseases*  | 0.75          |
| Treatment Strategies in Older Patients with Parkinson's Disease*             | 0.75          |
| Delirium: The Year in Review*  | 0.75          |
| Geriatric Psychiatry Case Studies*   | 0.75          |
| Management Pearls in Alzheimer's Disease*                                    | 0.75          |
| Choosing Anti-Depressants in Older Adults*                                   | 0.75          |
| Dinner Symposium: Case Studies in Geriatric Cardiology*                      | 1.5           |
| <b>Friday - April 26, 2019</b>   |               |
| The Frail Older Patient with AFib – More or Less Aggressive*                 | 0.5           |
| All These Pills Make Me Sick – Prescribing & Deprescribing in Heart Failure* | 0.5           |
| Hypertension: Are the New Guidelines Right for My Patient?*                  | 0.5           |
| Severe Aortic Stenosis: The Impact of Comorbidities*                         | 0.5           |
| Cardiology Expert Panel Q&A*   | 0.5           |
| A. The Agony of Da'Feet*   | 0.5           |
| B. Ask the Rheumatologist*   | 0.5           |
| C. Nursing Home Challenges*  | 0.5           |
| D. Ask the Urologist – BPH/Prostate Cancer*                                  | 0.5           |
| E. Obstructive Lung Disease in the Older Population*                         | 0.5           |
| The Year in Review for Geriatric Medicine*                                   | 0.5           |
| Orthostatic Hypotension*   | 0.5           |
| Acute Kidney Injury*   | 0.5           |
| Clinical Pearls 1 – Board Review*  | 0.75          |
| F. Ask the Psychiatrist*   | 0.5           |
| G. Medical Marijuana*  | 0.5           |
| H. Back Pain (When to Refer)*  | 0.5           |
| I. Ask the Oncologist*   | 0.5           |
| J. Common Eye Problems in Seniors*   | 0.5           |
| <b>Saturday - April 27, 2019</b>   |               |
| Vignettes in Palliative Care*  | 0.5           |
| The Basics of Pressure Ulcers*   | 0.5           |
| Urinary Retention: Causes, Evaluation, and Solutions *                       | 0.5           |
| Update on Bone Health*   | 0.5           |
| Clinical Pearls 2 – Board Review *   | 1.5           |

\* = topics receiving pharmacy credits

The maximum amount of continuing education credit that can be granted for this program is **19.5** contact hours. Participants must complete the course outcomes assessment, evaluation and credit designation form to receive credit. Continuing Pharmacy Education (CPE) credits will be uploaded using the participant's National Association of Boards of Pharmacy (NABP) eMonitor number. *(The 19.5 hours includes the 1.5 hour dinner symposium)*

# Schedule

## Thursday, April 25, 2019

7:00 am Registration and Continental Breakfast

7:25 am **Welcome and Announcements**  
Shuja Hassan, MD

*Moderator: Karen Powers, MD*  
**Issues in Geriatrics I**

7:30 am **Case Studies in Geriatric Pharmacology \***  
Jennifer Pruskowski, PharmD

8:15 am **Disorders of Electrolytes in the Elderly \***  
James Johnston, MD

9:00 am **Update on Clostridium Difficile \***  
Heitham Abdul Baki, MD

9:45 am BREAK – VISIT WITH EXHIBITORS

10:00 am **Approach to Anemia \***  
Gregory Kato, MD

10:45 am **Catch Me If You Can, Update in Reducing the Risk of Injurious Falls \***  
Barbara Messinger-Rapport, MD, PhD

11:30 am **Vignettes in Infectious Diseases \***  
Raymond Pontzer, MD

12:15 pm LUNCH

*Moderator: Namita Ahuja, MD*  
**Issues in Geriatrics II**

1:15 pm **Treatment Strategies in Older Patients with Parkinson's Disease \***  
Valerie Suski, DO

2:00 pm **Delirium: The Year in Review \***  
Fred Rubin, MD

2:45 pm **Geriatric Psychiatry Case Studies \***  
Jordan Karp, MD

3:30 pm BREAK – VISIT WITH EXHIBITORS

3:50 pm **Management Pearls in Alzheimer's Disease \***  
Eric Rodriguez, MD, MPH

4:35 pm **Choosing Anti-Depressants in Older Adults \***  
James Tew, MD

5:20 pm Thursday Adjournment

6:00 pm – **Dinner Symposium – Case Studies in Geriatric Cardiology \***  
7:30 pm Daniel Forman, MD; Parag Goyal, MD, MSc; Jared Magnani, MD, MSc;  
Deirdre O'Neill, MD; Benjamin Wessler, MD

## Friday, April 26, 2019

7:00 am Registration and Continental Breakfast

7:30 am **Welcome and Announcements**  
Shuja Hassan, MD

*Moderator: Daniel Forman, MD*  
**Issues in Geriatrics III: Cardiology**

7:30 am **The Frail Older Patient with AFib – More or Less Aggressive \***  
Jared Magnani, MD, MSc

8:05 am **All These Pills Make Me Sick – Prescribing and Deprescribing in Heart Failure \***  
Parag Goyal, MD, MSc

8:40 am **Hypertension: Are the New Guidelines Right for My Patient? \***  
Daniel Forman, MD

9:15 am **Severe Aortic Stenosis: The Impact of Comorbidities \***  
Benjamin Wessler, MD

9:50 am **Cardiology Expert Panel Q&A \***  
Daniel Forman, MD; Parag Goyal, MD, MSc;  
Jared Magnani, MD, MSc; Benjamin Wessler, MD

10:20 am BREAK – VISIT WITH EXHIBITORS

10:40 am – **Breakout Workshop I** (repeats at 11:20 am)  
11:20 am

**A. The Agony of Da'Feet \***  
Victor Prisk, MD

**B. Ask the Rheumatologist \***  
Mary Chester Wasko, MD, MSc

**C. Nursing Home Challenges \***  
Rollin Wright, MD, MS, MPH

**D. Ask the Urologist – BPH/Prostate Cancer \***  
Bruce Jacobs, MD, MPH

**E. Obstructive Lung Diseases in the Older Population \***  
Thomas Rice, MD

11:20 am **Breakout Workshop II** (Repeated from 10:40)

## Schedule continued

Noon LUNCH

*Moderator: Judith Black, MD, MHA*  
**Issues in Geriatrics IV**

1:00 pm **The Year in Review for Geriatric Medicine \***  
Barbara Messinger-Rapport, MD, PhD

1:35 pm **Orthostatic Hypotension \***  
David Pasquale, DO

2:10 pm **Acute Kidney Injury \***  
David Levenson, MD

2:45 pm **Clinical Pearls 1 – Board Review for Clinicians \***  
Shuja Hassan, MD

3:30 pm BREAK – VISIT WITH EXHIBITORS

3:40 pm – **Breakout Workshop III** (Repeats at 4:30 pm)

4:25 pm **F. Ask the Psychiatrist \***  
Crystal White, MD

**G. Medical Marijuana \***  
Andrew Adams, MD

**H. Back Pain (When to Refer) \***  
Debra Weiner, MD

**I. Ask the Oncologist \***  
Santhosh Sadashiv, MD

**J. Common Eye Problems in Seniors \***  
Evan Waxman, MD, PhD

4:30 pm **Breakout Workshop IV** (Repeated from 3:40 pm)

5:10 pm Friday Adjournment

## Saturday, April 27, 2019

7:30 am Registration and Coffee

*Moderator: Lisa Hilal, CRNP*  
**Issues in Geriatrics V**

8:00 am **Vignettes in Palliative Care \***  
Robert Arnold, MD

8:35 am **The Basics of Pressure Ulcers \***  
Amy DiPlacido, MD, CWSP

9:10 am **Urinary Retention: Causes, Evaluation, and Solutions \***  
Neil Resnick, MD

9:45 am BREAK

9:55 am **Update on Bone Health \***  
Susan Greenspan, MD

10:30 am **Clinical Pearls 2 – Board Review for Clinicians \***  
Shuja Hassan, MD

Noon Closing Remarks and Conference Adjournment

\* = topics receiving pharmacy credits

\* = topics receiving pharmacy credits



## Course Directors

### **Shuja Hassan, MD**

Assistant Professor of Medicine, Geriatrics  
Medical Director, UPMC Canterbury Place  
University of Pittsburgh School of Medicine

### **Neil M. Resnick, MD**

Thomas Detre Professor of Medicine  
University of Pittsburgh School of Medicine  
Chief, Division of Geriatric Medicine  
Director, Hartford Foundation Center  
of Excellence in Geriatric Medicine  
Associate Director, Aging Institute of UPMC and  
University of Pittsburgh

## Guest Faculty

### **Parag Goyal, MD, MSc**

Assistant Professor of Medicine  
Director, Heart Failure with Preserved Ejection  
Fraction Program  
Divisions of Cardiology and General  
Internal Medicine  
Weill Cornell Medicine  
New York, NY

### **Barbara Messinger-Rapport, MD, PhD**

Associate Professor, Cleveland Clinic Lerner  
College of Medicine at Case Western  
Reserve University  
Hospice Medical Director, Montefiore  
Vinney Hospice  
Cleveland VAMC, Department of  
Geriatric Medicine  
Cleveland, OH

### **Benjamin Wessler, MD**

Director, Heart Valve Center  
Assistant Professor of Medicine  
Tufts University School of Medicine  
Boston, MA

## Local Faculty

### **Heitham Abdul Baki, MD**

Director, Celiac Center  
Supervisor, Fecal Transplant Program  
Autoimmune Institute-Inflammatory Bowel  
Disease Center of Excellence  
Allegheny Center for Digestive Health  
Allegheny Health Network

### **Andrew Adams, MD**

Assistant Professor of Medicine  
Temple University School of Medicine  
Allegheny Health Network

### **Robert Arnold, MD**

Professor of Medicine  
Chief, Section of Palliative Care and  
Medical Ethics  
Director, Institute for Doctor-Patient  
Communication  
University of Pittsburgh School of Medicine  
Medical Director, UPMC Palliative and  
Supportive Institute

### **Amy DiPlacido, MD, CWSP**

Family Medicine & Geriatric Medicine  
Renaissance Family Practice, UPMC

### **Daniel Forman, MD**

Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Chair, Geriatric Cardiology, UPMC  
Director, Cardiac Rehabilitation  
VA Pittsburgh Healthcare System

### **Susan Greenspan, MD**

Professor of Medicine and Clinical and  
Translational Science  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Director, Osteoporosis and Treatment Center, UPMC  
Director, Bone Health, UPMC Magee  
Women's Hospital

### **Shuja Hassan, MD**

Assistant Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Medical Director, Canterbury Place, UPMC

### **Bruce Jacobs, MD, MPH**

Assistant Professor of Urology  
University of Pittsburgh School of Medicine  
Associate Program Director, Urologic  
Oncology Fellowship

### **James Johnston, MD**

Professor of Medicine  
University of Pittsburgh School of Medicine  
Director, Clinical Services, Renal-  
Electrolyte Division  
Director, Nephrology Training Program

### **Jordan Karp, MD**

Associate Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Director, UPMC Fellowship in Geriatric Psychiatry

### **Gregory J. Kato, MD**

Professor of Medicine  
University of Pittsburgh School of Medicine  
Director, Sickle Cell Center of Excellence  
Division of Hematology/Oncology  
UPMC

### **David Levenson, MD**

Clinical Professor of Medicine  
University of Pittsburgh School of Medicine  
Chief, Renal Section, UPMC Shadyside

### **Jared Magnani, MD, MSc**

Associate Professor of Medicine  
Division of Cardiology  
University of Pittsburgh School of Medicine

### **David Pasquale, DO**

Clinical Assistant Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Associate Director, Ambulatory Medicine

### **Raymond Pontzer, MD**

Clinical Associate Professor of Medicine  
Chief, Infectious Diseases  
UPMC St. Margaret Hospital

### **Victor Prisk, MD**

Orthopedic Surgeon  
Founder & Medical Director, Prisk Orthopedics

### **Jennifer Pruskowski, PharmD, BCPS, BCGP**

Assistant Professor, University of Pittsburgh  
School of Pharmacy  
Palliative Care Clinical Pharmacy Specialist  
UPMC Palliative and Supportive Institute

### **Neil M. Resnick, MD**

Thomas Detre Professor of Medicine  
University of Pittsburgh School of Medicine  
Chief, Division of Geriatric Medicine  
Director, Hartford Foundation Center of  
Excellence in Geriatric Medicine  
Associate Director, Aging Institute of UPMC  
and University of Pittsburgh

### **Thomas B. Rice, MD, MS**

Pulmonary Partners of UPMC  
UPMC Passavant

### **Eric Rodriguez, MD, MPH**

Associate Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine

### **Fred Rubin, MD**

Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Chief of Medicine, UPMC Shadyside

### **Santhosh Sadashiv, MD**

Clinical Assistant Professor, Temple University  
School of Medicine  
Associate Program Director, Hematology/  
Oncology Fellowship Program  
Medical Director, Apheresis service at AHN  
Allegheny Health Network

## Local Faculty (continued)

### Valerie Suski, DO

Associate Professor of Neurology  
University of Pittsburgh School of Medicine  
Clinical Co-Director, UPMC Movement  
Disorders Division  
Co-Director, UPMC Movement Disorders  
Fellowship  
Director, UPMC HDSA Center of Excellence

### James Tew, MD

Associate Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Associate Chief, WPIC Inpatient  
Medical Director, Quality & Clinical Pathways

### Mary Chester Wasko, MD, MSc

Division Director, Rheumatology  
Allegheny Health Network

### Evan Waxman, MD, PhD

Associate Professor, Department  
of Ophthalmology  
University of Pittsburgh School of Medicine  
Vice chair for education, UPMC Eye Center  
Director, Comprehensive Ophthalmology,  
UPMC Eye Center

### Debra K. Weiner, MD

Professor of Medicine, Psychiatry, Anesthesiology  
and Clinical & Translational Science  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Geriatric Research, Education and Clinical Center  
VA Pittsburgh Healthcare System

### Crystal White, MD

Assistant Professor of Psychiatry  
University of Pittsburgh  
Medical Director, Integrated Health and Aging  
Inpatient Program, UPMC

### Rollin Wright, MD, MS, MPH

Assistant Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Director, Geriatric Track Program  
UPMC Internal Medicine Residency  
Training Program

## Planning Committee

Namita Ahuja, MD

Daphne Bicket, MD

Judith S. Black, MD, MHA

Shuja Hassan, MD

Christine Herb, MD

Lisa Hilal, CRNP

Rachel Jantea, MD

Jordan F. Karp, MD

David Nace, MD, MPH

Karen A. Powers, MD

Neil M. Resnick, MD

Fred Rubin, MD

Victor M. Rudkin, MD

Heather Sakely, PharmD

Lyn Weinberg, MD

*All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.*

## Registration Information

**Pre-register** – All pre-registrations are due by **April 21, 2019**. Registrations after this date are accepted only as on-site registrations. Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

- Visit our online registration site at <https://ccehs.upmc.com>
- Scroll to the *Clinical Update in Geriatric Medicine* section on the web page
- Click the *Registration* button and enter all the requested information
- After registering, an electronic confirmation will be sent to the email address you provided us when you registered.

**Early registrations** are those postmarked by **March 21, 2019**. Late registrations will be accepted at an additional fee and we cannot guarantee space in the program or any program inclusions for those registrations we receive after this date.

**Paper Registrations by Fax or Mail** (see contact information below) Please contact CCEHS if you are unable to register online and require the use a paper registration form. UPMC employees whose registration fee will be remitted via journal transfer should request the paper registration form.

**On-site Registrations** – As of **April 21, 2019**, all registrations for this course are accepted only as on-site registrations. On-site registrants will pay \$25 more than the late registration fee.

A confirmation letter will be faxed, mailed, or emailed if registration is completed through the mail, fax, or email by the registration deadline. If you register online, you will receive an immediate e-mail confirmation message. Please note: Registration is not complete until you receive this confirmation. If you do not receive this letter within 5-7 days of registration, please contact us at (412) 647-7050.

**You must bring this confirmation with you to the conference.**

**Cancellation** – All cancellations must be in writing, via U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before **April 16, 2019** will be completely refunded. After **April 16, 2019** a \$35 administrative fee will be assessed. No refunds will be made after **April 23, 2019**. Cancellation requests can be made to:

Krystal Golacinski  
Coordination Specialist  
UPMC Center for Continuing Education in the Health Sciences  
Fax: (412) 647-8222 • E-mail: [moorekL2@upmc.edu](mailto:moorekL2@upmc.edu)

*The University of Pittsburgh Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.*

*continued on page 12*

**Registration Fee:** *(does not include dinner/symposium)*

- MD (*non-member* of PA Geriatrics Society - Western Div.)
- MD (*member* of PA Geriatrics Society - Western Div.)
- Nurses and health care professionals  
(*non-member* of PA Geriatrics Society - Western Div.)
- Nurses and health care professionals  
(*member* of PA Geriatrics Society - Western Div.)
- Residents, fellows, and other trainees
- Pre-professional degree

|  | <b>Early Registration</b><br>(postmarked prior to<br>March 21, 2019) | <b>Late Registration</b><br>(postmarked after<br>March 21, 2019) |
|--|--|--|
| MD ( <i>non-member</i> of PA Geriatrics Society - Western Div.)                                      | \$335  | \$370  |
| MD ( <i>member</i> of PA Geriatrics Society - Western Div.)  | \$305  | \$340  |
| Nurses and health care professionals<br>( <i>non-member</i> of PA Geriatrics Society - Western Div.) | \$270  | \$300  |
| Nurses and health care professionals<br>( <i>member</i> of PA Geriatrics Society - Western Div.)     | \$245  | \$275  |
| Residents, fellows, and other trainees   | \$220  | \$250  |
| Pre-professional degree  | \$130  | \$130  |

"On-Site" registrations will pay an additional \$25 in each category.

**Dinner Symposium – Thursday, April 25**

(all participants – **optional** at additional cost)

\$60

Half-day (each session) – indicate which day(s) on registration form

\$100 ea.

**Tuition includes:**

- ▲ Registration and comprehensive course syllabus
- ▲ Admission to Geriatric Annual program and to the exhibit hall
- ▲ Continuing education credit
- ▲ Continental breakfast and lunch on Thursday and Friday, coffee on Saturday morning, and coffee breaks **for full conference registrants.**

For information on becoming a Geriatric Society member, please contact Nadine Popovich at (412) 321-5035, ext. 110.

**Special Needs**



Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs **at least two weeks** in advance of the program by calling (412) 321-5030.

*The University of Pittsburgh is an affirmative action, equal opportunity institution.*

**Registration Form** *(for use only if not registering online)*

**Clinical Update in Geriatric Medicine – April 25 ~ 27, 2019**

Register online: <https://ccehs.upmc.com>

*Please type or print; photocopy all sides for additional registrants. No registration will be accepted without payment.*

Last FIVE digits of Social Security Number \_\_\_\_ - \_\_\_\_ - \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Prefix  Mr.  Mrs.  Dr.  Ms.  Other, please indicate: \_\_\_\_\_

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Suffix (Jr., Sr., etc.) \_\_\_\_\_

Company/Institutional Affiliation \_\_\_\_\_

Specialty \_\_\_\_\_

E-mail Address \_\_\_\_\_

Degree (choose only one)  MD  DO  Resident  PhD  MPH  RN

Other, please indicate: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Work Telephone ( \_\_\_\_\_ ) \_\_\_\_\_ Fax ( \_\_\_\_\_ ) \_\_\_\_\_

*This is how your name will appear on your name badge.*

**Registration Fee:** Please check appropriate fee:

*"On-Site" registrations will pay an additional \$25 in each category.*

- MD (*non-member* of PA Geriatrics Society - Western Div.)
- MD (*member* of PA Geriatrics Society - Western Div.)
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(*non-member* of PA Geriatrics Society - Western Div.)
- Nurses and health care professionals  
(*member* of PA Geriatrics Society - Western Div.)
- Residents, fellows, and other trainees
- Pre-professional degree

|  | <b>Early Registration</b><br>(postmarked prior to<br>March 21, 2019) | <b>Late Registration</b><br>(postmarked after<br>March 21, 2019) |
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| Nurses and health care professionals<br>( <i>member</i> of PA Geriatrics Society - Western Div.)     | \$245  | \$275  |
| Residents, fellows, and other trainees   | \$220  | \$250  |
| Pre-professional degree  | \$130  | \$130  |

**Dinner Symposium – Thursday, April 25**

(all participants – **optional** at additional cost)

\$60

Half-day (each session) *Please indicate which day(s):* \_\_\_\_\_ @ \$100 ea. = \$ \_\_\_\_\_

*Please indicate below which session(s) you are planning to attend:*

- Thursday morning, April 25 (includes breakfast and morning break)
- Thursday afternoon, April 25 (includes lunch and afternoon break)
- Friday morning, April 26 (includes breakfast and morning break)
- Friday afternoon, April 26 (includes lunch and afternoon break)
- Saturday morning, April 27 (includes coffee and morning break)

**Total Registration fee enclosed \$** \_\_\_\_\_



### BREAKOUT WORKSHOPS

PLEASE RANK IN ORDER OF PREFERENCE EACH GROUP OF BREAKOUT SESSIONS.  
ADMITTANCE WILL BE BASED ON A FIRST-COME, FIRST-SERVED BASIS.

#### Friday morning, April 26, 2019

10:40 AM – 11:20 AM Breakout Workshop I • 11:20 AM – Noon Breakout Workshop II

**Rank 1-5 in order of preference, 1 being highest preference.**

- A. The Agony of Da'Feet
- B. Ask the Rheumatologist
- C. Nursing Home Challenges
- D. Ask the Urologist – BPH/Prostate Cancer
- E. Obstructive Lung Diseases in the Older Population

#### Friday afternoon, April 26, 2019

3:40 PM – 4:20 PM Breakout Workshop III • 4:30 PM – 5:10 PM Breakout Workshop IV

**Rank 1-5 in order of preference, 1 being highest preference.**

- F. Ask the Psychiatrist
- G. Medical Marijuana
- H. Back Pain (when to refer)
- I. Ask the Oncologist
- J. Common Eye Problems in Seniors

How did you hear about this conference? \_\_\_\_\_

- I require vegetarian lunch.  I require kosher lunch.  I have no special dietary requirements.
- Other \_\_\_\_\_
- YES! Send me information about becoming a member of the PA Geriatrics Society – Western Division.

continued on page 15

### Method of Payment

The following methods of payment are acceptable for the registration fee:

- Checks, personal or employer
- Credit Card
- UPMC Transfers

#### ■ Checks. Make payable to University of Pittsburgh Physicians

- Employer check included
- Personal check included

*There is a \$25.00 returned check fee.*

#### ■ Credit Card Payments

- Visa
- MasterCard
- American Express
- Discover

Credit Card No. \_\_\_\_\_

Expiration Date (Month/Year) \_\_\_\_\_

Signature \_\_\_\_\_

■ **UPMC Journal Entry Transfer.** If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. **DO NOT SUBMIT a disbursement to UPMC Accounts Payable. Complete the following:**

Business unit \_\_\_\_\_

Account number \_\_\_\_\_

Department ID number \_\_\_\_\_

Authorized department signature \_\_\_\_\_

Telephone number \_\_\_\_\_

**NO REGISTRATION WILL BE ACCEPTED WITHOUT PAYMENT.**

#### Mail payment with the Registration Form on pages 13, 14 and 15 to:

University of Pittsburgh Center for Continuing Education in the Health Sciences  
Iroquois Building, Suite 302 • 200 Lothrop Street  
Pittsburgh, PA 15213-2536

#### For additional information, contact:

Telephone: (412) 647-7050 • Fax: (412) 647-8222

E-mail: [moorekl2@upmc.edu](mailto:moorekl2@upmc.edu)



## Meeting Location

### Pittsburgh Marriott City Center

112 Washington Place • Pittsburgh, Pennsylvania 15219

Phone: (412) 471-4000, Fax: (412) 553-5252

## Overnight Accommodations

The conference has contracted a limited number of hotel rooms at the **Pittsburgh Marriott City Center** for our conference attendees. You may book a room by calling the hotel at (412) 471-4000 and stating that you are attending the *Clinical Update in Geriatric Medicine Conference*. The room block is limited and only available until **Wednesday, April 3, 2019** at 3:00 PM. Space cannot be guaranteed once the block expires or the block is filled, whichever occurs first.

Room rates are \$149.00 per night plus applicable taxes and fees.

If you experience difficulty arranging your reservations, please call Nadine Popovich at (412) 321-5030 or email to [npopovich@acms.org](mailto:npopovich@acms.org).

## Parking

Parking is on your own and not covered by conference tuition. The on-site parking is approximately \$18/day. Overnight parking with in and out privileges is \$22/day; Valet Parking is \$26/day. The entrance is located on the side of the **Pittsburgh Marriott City Center** hotel. Additional parking can be found across the street from the hotel at the PPG Paints Arena.

## For more information contact:

Center for Continuing Education in the Health Sciences

Iroquois Building, Suite 302

200 Lothrop Street

Pittsburgh, PA 15213-2536

Phone: (412) 647-8232 or (412) 647-7050

Fax: (412) 647-8222 • E-mail: [ccehsconfmgmt101@upmc.edu](mailto:ccehsconfmgmt101@upmc.edu)

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