

SGIM 2018 Annual Meeting, April 11-14, Denver, Colorado

Workshops

Making Point-of-Care Clinical Decision Support Tools Work for Doctors and Patients

SESSION COORDINATOR: **Gary Fischer, MD**, University of Pittsburgh

This symposium will focus on effective designs and innovative approaches to outpatient clinical decision support (CDS). We will review the literature on effective designs, then show examples including EMR-based, integrated CDS that has led to high STAR ratings and improved generic prescribing rates, 'paper-based alerts' based on data from multiple sources delivered to MDs on disparate EMRs, and risk scores, calculated by an outside app, and delivered back to the EMR for point-of-care CDS.

More than a Language Barrier: Teaching Trainees to Provide High-Quality Care to Individuals with Limited English Proficiency

SESSION COORDINATOR: **Tanya Nikiforova, MD**, University of Pittsburgh Medical Center

Medical trainees will encounter individuals with limited English proficiency (LEP) as our country further diversifies. This workshop will explore the role of unconscious bias and the hidden curriculum in perpetuating health disparities among LEP individuals. We will present easy-to-implement, high-value strategies to improve the care that our trainees provide to this population. Specific strategies will include role modeling, perspective taking, and innovative, web-based curricula.

Reducing the Risk of Breast Cancer: A PCP's Guide to Navigating Chemoprevention

SESSION COORDINATOR: **Amy Farkas, MD**, UPMC, VA Pittsburgh Healthcare System

Chemoprevention for women at high risk of breast cancer is underutilized. Primary care providers are uncomfortable counseling women about the efficacy of chemoprevention, assessing the risk/ benefits, and managing side effects. This workshop will provide physicians with the knowledge and skills to effectively prescribe these medications. After a brief didactic, we will utilize role-play and interactive case-based discussion to provide participants with an opportunity to practice what they have learned.

Negotiating the Tower of Babel: How to Communicate Effectively with Your IT Team

SESSION COORDINATOR: **Jonathan Arnold, MD, MSE**, University of Pittsburgh

General internists increasingly rely on EMRs in their daily work. Communicating with the health IT teams for quality improvement, patient safety, and programmatic needs is an essential task and one that frequently leads to frustration on both sides. In this workshop participants will evaluate EMR change requests from the perspective of the health IT team and use the insights gained, along with a best practices checklist, to generate their own well-formed requests.

Being Female in Academic Medicine 2.0: Power Skills for Growth and Promotion

SESSION COORDINATOR: **Sarah Tilstra, MD, MS**, University of Pittsburgh School of Medicine/Medical Center

Our workshop teaches leaders in academic medicine to identify ways to support a culture of female leaders and to help empower women to guide their careers with confidence. We will introduce five "Power

Skills” for success using scenarios commonly encountered in the workplace. These skills include 1) Developing a Growth Mindset, 2) Nixing the Imposter Syndrome, 3) Communicating Like a Champion, 4) Finding Your True Voice, and 5) Nailing the Elevator Ride.

Decoding the Alphabet Soup: Putting Novel Medications for Type 2 Diabetes into Practice

SESSION COORDINATOR: **Tanya Nikiforova, MD**, University of Pittsburgh Medical Center

Novel therapeutics for diabetes are evolving at a rapid pace. Participants will obtain an in-depth understanding of these new treatments, including indications for use, side effect profiles, and associated costs, as well as practice incorporating these medications in a case-based format. We will focus on recently approved GLP-1 receptor agonists, DPP-4 inhibitors, and SGL2 inhibitors, and will highlight recent data on the cardiovascular and weight loss benefits of specific medications.

An Hour of Poetry: Software for the Physician’s Soul

SESSION COORDINATOR: **Gaetan Sgro, MD**, VA Pittsburgh Healthcare System, University of Pittsburgh School of Medicine

The need to cultivate humanistic qualities among physicians is widely recognized, but how often are we given the time to reflect on the broader questions that attend our profession and define our lives? To grapple with the great mysteries requires more than time and effort; it requires poetry. In the midst of this often dizzying conference, attendees will find welcome relief in an hour spent reading and discussing poems. Participants need not have any prior experience to appreciate this session.

Patient Portals: Dangers and Opportunities of Direct Patient-to-Physician Electronic Access

SESSION COORDINATOR: **Natasha Parekh, MD**, University of Pittsburgh Medical Center

Patient portals offer an innovative and accessible opportunity for patients to partner with their providers. Despite their obvious benefits, they can pose unique challenges. It is important to understand how to overcome these challenges in order to realize the potential of patient portals in optimizing clinical care. This workshop will provide an overview of patient portals, present challenges associated with patient portals, and offer solutions to address these challenges.

Digital Tools to Connect Patients to Community Programs and Services

SESSION COORDINATOR: **Thuy Bui, MD**, University of Pittsburgh

There is a growing number of online services and mobile applications that facilitate connection of patients to community resources to address social needs. This workshop will introduce participants to these digital tools, associated features, and functions. Physicians need to be able to assess this type of health IT innovation to decide how it should be utilized within the multidisciplinary team practice and implement strategies to maximize health outcomes.

Beyond Back Pain: Diagnosis and Treatment of Common MSK Complaints in Primary Care

SESSION COORDINATOR: **Sarah Merriam, MD**, University of Pittsburgh Medical Center

The goal of this session is to increase internal medicine physicians’ proficiency and comfort in obtaining a targeted history and physical exam of patients presenting with several common musculoskeletal complaints. After a brief large-group presentation, attendees will work through interactive case presentations highlighting key learning points in small groups. Participants will also practice brief exam sequences that can be efficiently integrated into clinical care.

To Prescribe or Not to Prescribe?: An Evidence-Based Primer on Menopausal Hormone Therapy

SESSION COORDINATOR: **Emmanuelle Yecies, MD**, University of Pittsburgh School of Medicine, VA Pittsburgh Healthcare System

Balancing the benefits and risks of hormone therapy has been a challenging topic for primary care providers in recent years given conflicting evidence and unclear guidelines. This workshop will provide a summary of the benefits and risks of hormone therapy, indications and guidelines for prescribing, as well as a discussion of the role of non-hormonal therapies.

Scientific Abstract Oral Presentations in Organization of Care: Health Behaviors and Chronic Disease Management

Promoting Weight Maintenance through Electronic Health Record-Based Coaching in a Primary Care Setting: 24-month Results from the MAINTAIN-pc Trial

M. Conroy; K. McTigue; C. L. Bryce; D. Tudorascu; B. Barone Gibbs; J. Arnold; D. Comer; R. Hess; K. Huber; L. R. Simkin-Silverman; G. Fischer.

Scientific Abstract Oral Presentations in Medical Education

An Innovative Skill-based Clinical Reasoning Curriculum for Clerkship-level Medical Students

E. Bonifacino; W. Follansbee; A. H. Farkas; M. McNeil; D. DiNardo

Scientific Abstract Oral Presentations in Disparities: Understanding the Opioid Crisis

Using Classification and Regression Trees to Identify Sociodemographic Subgroups of Veterans at High Risk for Chronic High-Dose Opioid Prescribing

J. S. Lipkin; J. M. Thorpe; W. F. Gellad; J. Hanlon; X. Zhao; C. T. Thorpe; F. Sileanu; J. P. Cashy; J. A. Hale; M. K. Mor; T. R. Radomski; C. Good; M. J. Fine; L. R. Hausmann

History of Opioid Medication Supply among Veterans in the 30 and 180 Days Prior to Prescription Opioid Overdose Death

P. Moyo; X. Zhao; C. T. Thorpe; J. M. Thorpe; F. Sileanu; J. P. Cashy; J. A. Hale; M. K. Mor; T. R. Radomski; L. R. Hausmann; J. T. Hanlon; C. Good; M. J. Fine; W. F. Gellad

Scientific Abstract Oral Presentations in Patient Quality and Safety

Dual Use of VA and Medicare Part D Prescription Benefits and Risk of Concurrent Opioid/Benzodiazepine Use

R. Carico; X. Zhao; C. T. Thorpe; J. M. Thorpe; F. Sileanu; J. P. Cashy; J. A. Hale; M. K. Mor; T. R. Radomski; L. R. Hausmann; J. M. Donohue; K. J. Suda; J. Hanlon; C. Good; M. J. Fine; W. F. Gellad

Scientific Abstract Oral Presentations: Lipkin Award Finalists

Mentoring Women in Academic Medicine: A Systematic Review

A. H. Farkas; E. Bonifacino; S. A. Tilstra; J. Corbelli

Scientific Abstract Oral Presentations in Health Systems Redesign

Online Lifestyle Tracking Only Improves Weight Outcomes in Conjunction with Coaching Support: Results from the MAINTAINpc Study

J. Arnold; D. L. Tudorascu; K. M. McTigue; C. L. Bryce; L. R. Simkin-Silverman; R. Hess; G. Fischer; M. Conroy

Scientific Abstract Oral Presentations in Mental Health and Substance Use Disorders

Automated Electronic Medical Record Alerts Are a More Efficient and Effective Strategy Than Traditional Waitroom Case-Finding at Identifying Anxious Primary Care Patients to Enroll into a Clinical Trial

B. L. Rollman; B. Herbeck Belnap; A. M. Anderson; G. Fischer

IMEQ: Innovations In Medical Education Oral Presentation Session

The Bedside Swap: Perspective-Taking in a Narrative Writing Curriculum as a Novel Means to Strengthen the Trainee-Patient Relationship in the Ambulatory Setting

B. Rossiter; M. McNeil; G. Sgro