26th Annual Clinical Update in 

GERIATRIC MEDICINE 

April 5-7, 2018

Marriott Pittsburgh City Center
Pittsburgh, Pennsylvania

Course Directors
Shuja Hassan, MD
Judith S. Black, MD, MHA
Neil M. Resnick, MD

Jointly provided by:
The Pennsylvania Geriatrics Society – Western Division
UPMC / University of Pittsburgh Aging Institute
University of Pittsburgh School of Nursing
and
University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences
Introduction
As the population continues to age, we are all seeing a tidal wave of older persons in our hospitals, clinics and nursing homes. Moreover, the fastest growing segment of the population comprises individuals above the age of 85 years. The purpose of this conference is to provide an evidence-based approach to help clinicians provide exceptional care to these often frail individuals.

Highlights

□ Handpicked by a multidisciplinary committee of clinicians from academics, practice, and the payer community. Selection was based on two criteria:
□ Expertise — which in most cases is nationally recognized and often responsible for the advances relative to practice
□ Ability to convey information, in a practical, succinct, and entertaining way that will allow attendees to immediately incorporate lessons into their practice

Topics and Structure

□ "Year in Review," covering highlights of recent advances/controversies
□ State of the Art updates on common geriatric conditions, and tailored to each setting, i.e., office, hospital, home, nursing home
□ Geriatric Cardiology Symposium on TAVR, heart failure, lipids, and pulmonary hypertension
□ Special topics: New approaches to chronic pain in the elderly, Practical incorporation of the Beers list, the Geriatric ER, Geriatric Trauma Consultation, How to elicit goals of care, Deprescribing, Case-based solutions to difficult end of life issues
□ Multiple breakout sessions allowing attendees to design their own course and also affording close interactions with experts on challenging topics and real-world cases (including your own)
□ Keynote Talk on the "Biology of Aging" by an internationally renowned authority

Board Review for Clinicians
□ Special dinner talk: "Past, Present and Future of Geriatrics" by Dr. William Applegate, Editor of the Journal of the AGS (JAGS), and former President of the American College of Physicians, Dean and Head of the Health System at Wake Forest University, and primary investigator for the seminal SHEP study of systolic hypertension and the landmark SPRINT trial

This course provides a partnership effort of:

□ Aging Institute of UPMC Senior Services and University of Pittsburgh
□ Allegheny Health Network – Department of Medicine
□ Allegheny Health Network – Forbes Family Medicine Residency Program
□ Geriatric Workforce Enhancement Program of Pennsylvania (GWEP/PA), University of Pittsburgh
□ Heritage Valley Health System
□ Highmark Blue Cross Blue Shield
□ UPMC Health Plan
□ UPMC McKeesport
□ UPMC Shadyside
□ UPMC St. Margaret
□ Washington Health System’s Geriatrics Fellowship

Location and Accommodations information on page 16.
Introduction

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Speakers

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Learning Objectives

At the end of this course, participants should be able to:

▲ Provide evidence-based updates for common geriatric disorders
▲ Understand how the approach to geriatric care differs by clinical setting
▲ Understand innovative new initiatives and programs to improve the care of the older patient
▲ Provide more patient-centered care
▲ Get answers to specific clinical questions from their own practice

Who Should Attend

This course is designed for family practitioners, internists, geriatricians, and other health care professionals who provide care to older adults. Previous attendees will also be interested because of the conference’s continually changing topics, speakers and approach.

Continuing Education Credit

Types of credit: CME, AAFP, Nursing, Risk, and ACPE

CME – This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Pittsburgh School of Medicine and the Pennsylvania Geriatrics Society – Western Division. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 19.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. (The 19.25 does not include the 1.5 hour dinner symposium on Thursday.) Thursday = 8.25 Friday = 7.5 Saturday = 3.5

AAFP – Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nursing – The University of Pittsburgh School of Medicine’s Center for Continuing Education in the Health Science and School of Nursing are collaborating in the development of this educational activity. Nurse participants successfully completing this learning activity (attending the full session, completing and submitting a program evaluation and a CE verification form) may receive up to a maximum of 18.42 contact hours.

The University of Pittsburgh School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Social Work Credits – This program is offered for 20 hours of Social Work continuing education through co-sponsorship of the University of Pittsburgh School of Social Work, a Council of Social Work Education accredited school and, therefore, a Pennsylvania pre-approved provider of social work continuing education. These credit hours satisfy the requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For more information on social work continuing education call (412) 624-3711.
This program is sponsored by the University of Pittsburgh Center for Continuing Education in the Health Sciences. The University of Pittsburgh Center for Continuing Education in the Health Sciences is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a Provider of continuing pharmacy education. The assigned universal program numbers are:

<table>
<thead>
<tr>
<th>Session Title</th>
<th>Program Number</th>
<th>Contact Hours</th>
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<tr>
<td><strong>Thursday - April 5, 2018</strong></td>
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<tr>
<td>Diagnosis and Treatment of Pulmonary Hypertension</td>
<td>0481-9999-17-121-L04-P</td>
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<td>TAVR in 2018 — Eligibility and Outcomes</td>
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<td>Medical Management of Heart Failure in the Older Patient</td>
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<td>Treatment of Hyperlipidemia in the Elderly</td>
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<td>Geriatrics Year in Review</td>
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<td>Diabetes Update: 21st Century Medications for the 20th Century Population</td>
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<td>Optimizing Treatment Outcomes in Chronic Low Back Pain: A Targeted Approach</td>
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<td>Calcium Disorders in the Elderly</td>
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<td>Medications Under Scrutiny</td>
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<td>Treatment Options in Geriatric Osteoporosis</td>
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<td>Case Studies from Infectious Disease</td>
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<td>Geriatric Consultation for Trauma Patients</td>
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<td>Addressing Geriatric Cognitive Concerns in the Office</td>
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<td>Dinner Symposium: Past, Present and Future of Geriatrics</td>
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<td><strong>Friday - April 6, 2018</strong></td>
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<td>Evaluation of Neuropathy</td>
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<td>Controversies in Geriatric Hypertension</td>
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<td>Psychiatric Pearls for Common Diseases in the Elderly</td>
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<td>Keynote Speaker: The Biology of Aging</td>
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<td>When the Chief Complaint is the Least of the Patient’s Problems</td>
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<td>Difficult Cases in the Skilled Nursing Facility Setting</td>
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<td>Delirium Workshop</td>
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<td>Ask the Nephrologist</td>
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<td>NH Regulations — Update on F Tags</td>
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<td>Kidney Disease in the Elderly — How We Can Do Better</td>
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<td>Top 5 Articles That Could Influence your LTC Practice</td>
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<td>Give Me Some Skin! Dermatology Pearls for the Geriatricist</td>
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<td>BPSD vs Delirium in Hospice: Challenges in Diagnosis and Management in Long Term Care</td>
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<td>Ask the Gastroenterologist</td>
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<td>Tales from the Hospital Case Manager</td>
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<td>Common Eye Problems in Seniors</td>
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<td>The Exercise Prescription for the Elderly</td>
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<td>Eliciting Goals of Care — A Practical Approach</td>
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<td><strong>Saturday - April 7, 2018</strong></td>
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<td>Ask the Psychiatrist</td>
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<td>Vaginal Bleeding in the Elderly — What the Clinician Needs to Know</td>
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<td>Tools to Improve Your Deprescribing Practice</td>
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<td>Frailty: A Clinician’s Approach</td>
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<td>Palliative Care in the Nursing Home</td>
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<td>Palliative Care Vignettes</td>
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<td>Geriatrics in the ER</td>
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<td>Board Review for Clinicians</td>
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The maximum amount of continuing education credit that can be granted for this program is 17.0 contact hours. Participants must complete the course outcomes assessment, evaluation and credit designation form to receive credit. Continuing Pharmacy Education (CPE) credits will be uploaded using the participant’s National Association of Boards of Pharmacy (NABP) eMonitor number. *(The 17.0 includes the 1 hour dinner symposium.)* * = topics receiving pharmacy credits
Thursday, April 5, 2018

7:00 am  Registration and Continental Breakfast

7:25 am  Welcome and Announcements
Shuja Hassan, MD

Moderator: Karen A. Powers, MD

Issues in Geriatrics I: Cardiovascular Symposium

7:30 am  Diagnosis and Treatment of Pulmonary Hypertension *
Jennifer McComb, MD, MPH

8:05 am  TAVR in 2018 — Eligibility and Outcomes *
John Schindler, MD

8:40 am  Medical Management of Heart Failure in the Older Patient *
Michael Mathier, MD

9:15 am  Treatment of Hyperlipidemia in the Elderly *
Daniel Forman, MD

9:50 am  BREAK

10:10 am  Geriatrics Year in Review *
Rollin Wright, MD, MS, MPH

10:45 am  Diabetes Update: 21st Century Medications for the 20th Century Population *
Mary Korytkowski, MD

11:20 am  The Importance of Inflammation in Arthritis
Terence Starz, MD

Noon  LUNCH

Moderator: Victor Rudkin, MD

Issues in Geriatrics II

1:00 pm  Optimizing Treatment Outcomes in Chronic Low Back Pain: A Targeted Approach *
Debra Weiner, MD

1:35 pm  Calcium Disorders in the Elderly *
James Johnston, MD

2:10 pm  Medications Under Scrutiny *
Heather Sakely, PharmD

2:45 pm  Treatment Options in Geriatric Osteoporosis *
Susan Greenspan, MD

3:20 pm  BREAK

3:40 pm  Case Studies from Infectious Disease *
Raymond Pontzer, MD

* = topics receiving pharmacy credits
Geriatric Consultation for Trauma Patients *
Leslie Scheunemann, MD, MPH

Addressing Geriatric Cognitive Concerns in the Office *
Eric Rodriguez, MD, MPH

Thursday Adjournment

Dinner Symposium – Past, Present and Future of Geriatrics *
William Applegate, MD, MPH

Friday, April 6, 2018

Registration and Continental Breakfast

Welcome and Announcements
Judith S. Black, MD, MHA

Moderator: Lisa Hilal, CRNP
Issues in Geriatrics III: Neurology and Psychiatry

Evaluation of Neuropathy *
Neil Busis, MD

Controversies in Geriatric Hypertension *
William Applegate, MD, MPH

Psychiatric Pearls for Common Diseases in the Elderly *
Jordan Karp, MD

Keynote Speaker: The Biology of Aging *
Toren Finkel, MD, PhD

BREAK

Breakout Workshop I (repeats at 11:15 am)
A. When the Chief Complaint is the Least of the Patient’s Problems *
   Susan Saxon, CRNP, MSN
B. Difficult Cases in the Skilled Nursing Facility Setting *
   Christine Herb, MD
C. Delirium Workshop *
   Lyn Weinberg, MD
D. Ask the Nephrologist *
   David Levenson, MD
E. NH Regulations – Update on F Tags *
   Barbara Messinger-Rappor, MD, PhD

Breakout Workshop II (Repeated from 10:30)
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>Noon</td>
<td>LUNCH</td>
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<tr>
<td>1:00 pm</td>
<td>Kidney Disease in the Elderly — How We Can Do Better *</td>
<td>Amar Bansal, MD</td>
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<tr>
<td>1:35 pm</td>
<td>Top 5 Articles That Could Influence your LTC Practice *</td>
<td>David Nace, MD, MPH</td>
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<tr>
<td>2:10 pm</td>
<td>Give Me Some Skin! Dermatology Pearls for the Geriatrician *</td>
<td>Justin Vujevich, MD</td>
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<tr>
<td>2:45 pm</td>
<td>BPSD vs Delirium in Hospice: Challenges in Diagnosis and Management in Long Term Care *</td>
<td>Barbara Messinger-Rappor, MD, PhD</td>
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<tr>
<td>3:20 pm</td>
<td>BREAK</td>
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<td>3:40 pm</td>
<td><strong>Breakout Workshop III</strong> (Repeats at 4:30 pm)</td>
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<tr>
<td>4:25 pm</td>
<td>F. Ask the Gastroenterologist *</td>
<td>Marc Schwartz, MD</td>
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<tr>
<td>4:40 pm</td>
<td>G. Tales from the Hospital Case Manager *</td>
<td>Bonnie Schuster, BSN, MSN</td>
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<td>4:55 pm</td>
<td>H. Common Eye Problems in Seniors *</td>
<td>Evan Waxman, MD, PhD</td>
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<tr>
<td>5:10 pm</td>
<td>I. The Exercise Prescription for the Elderly *</td>
<td>Jessie VanSwearingen, PhD, PT</td>
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<td>J. Eliciting Goals of Care – A Practical Approach *</td>
<td>Pamela Toto, PhD, OTR/L</td>
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<tr>
<td>4:30 pm</td>
<td><strong>Breakout Workshop IV</strong> (Repeatead from 3:40 pm)</td>
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<tr>
<td>5:10 pm</td>
<td>Friday Adjournment</td>
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* = topics receiving pharmacy credits
Saturday, April 7, 2018

7:00 am    Registration and Continental Breakfast
7:55 am    Attendees – please go to your scheduled breakout session

8:00 am – Breakout Workshop V (Repeats at 4:30 pm)
8:45 am
   K. Ask the Psychiatrist *
      James Tew, Jr., MD
   L. Vaginal Bleeding in the Elderly – What the Clinician Needs to Know *
      Kathleen McIntyre-Seltman, MD
   M. Tools to Improve Your Deprescribing Practice *
      Jennifer Pruskowski, PharmD
   N. Frailty: A Clinician’s Approach *
      Elizabeth Mohan, MD
   O. Palliative Care in the Nursing Home *
      Richard Hoffmaster, MD

8:50 am    Breakout Workshop VI (Repeated from 8:00 am)

9:30 am    BREAK

   Moderator: Carey Vinson, MD, MPM
   Issues in Geriatrics V

9:40 am    Palliative Care Vignettes *
            Robert Arnold, MD

10:15 am   Geriatrics in the ER *
            Jason Chang, MD

10:50 am   Board Review for Clinicians *
            Shuja Hassan, MD

11:50 am   Closing Remarks and Conference Adjournment

* = topics receiving pharmacy credits
Course Directors

Shuja Hassan, MD  
Assistant Professor of Medicine, Geriatrics  
University of Pittsburgh School of Medicine

Judith S. Black, MD, MHA  
Clinical Associate Professor of Medicine  
University of Pittsburgh School of Medicine  
Medical Advisor, Jewish Healthcare Foundation

Neil M. Resnick, MD  
Thomas Detre Professor of Medicine  
University of Pittsburgh School of Medicine  
Chief, Division of Geriatric Medicine  
Director, Hartford Foundation Center of Excellence in Geriatric Medicine  
Associate Director, Aging Institute of UPMC and University of Pittsburgh

Guest Faculty

William Applegate, MD, MPH  
Professor of Medicine  
Wake Forest University  
Editor in Chief, Journal of the American Geriatrics Society  
Winston-Salem, NC

Barbara Messinger-Rapport, MD, PhD  
Associate Professor, Cleveland Clinic Lerner College of Medicine at Case Western Reserve University  
Hospice Medical Director, Montefiore Vinney Hospice  
Cleveland VAMC, Department of Geriatric Medicine  
Cleveland, OH

Local Faculty

Robert Arnold, MD  
Professor of Medicine  
Chief, Section of Palliative Care and Medical Ethics  
Director, Institute for Doctor-Patient Communication  
University of Pittsburgh School of Medicine  
Medical Director, UPMC Palliative and Supportive Institute

Amar Bansal, MD  
Assistant Professor of Medicine  
Renal-Electrolyte Division  
Section of Palliative Care and Medical Ethics  
University of Pittsburgh School of Medicine

Neil Busis, MD  
Chief, Neurology, UPMC Shadyside  
Director, Community Neurology  
Clinical Professor, Neurology

Jason Chang, MD  
Assistant Professor  
UPMC Department of Emergency Medicine  
Associate Chief, Emergency Services  
Magee Women’s Hospital of UPMC

Toren Finkel, MD  
Director, Aging Institute of UPMC and University of Pittsburgh  
Professor of Medicine, Cardiology  
G. Nicholas Beckwith III and Dorothy B. Beckwith Chair in Translational Medicine  
University of Pittsburgh/UPMC

Daniel Forman, MD  
Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Chair, Geriatric Cardiology  
UPMC  
Director, Cardiac Rehabilitation  
VA Pittsburgh Healthcare System

Susan Greenspan, MD  
Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Director, Osteoporosis and Treatment Center, UPMC

Shuja Hassan, MD  
Assistant Professor of Medicine, Geriatrics  
University of Pittsburgh School of Medicine

Christine Herb, MD  
Associate Program Director, AHN Internal Medicine Residency Program  
Allegheny Health Network

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Richard Hoffmaster, MD
Director, Palliative Care Education
UPMC St. Margaret Hospital

James Johnston, MD
Professor of Medicine
Director, Clinical Services, Renal-Electrolyte Division
Director, Nephrology Training Program
Immediate Past Director, Academy of Master Educators
University of Pittsburgh School of Medicine

Jordan Karp, MD
Associate Professor of Psychiatry
Director, UPMC Fellowship in Geriatric Psychiatry
University of Pittsburgh School of Medicine

Mary Korytkowski, MD
Professor of Medicine
Division of Endocrinology
University of Pittsburgh School of Medicine

David Levenson, MD
Clinical Professor of Medicine
Chief, Renal Section, UPMC Shadyside

Michael Mathier, MD
Professor of Medicine
Director, Pulmonary Hypertension Program
Associate Director, Cardiovascular Fellowship Program
University of Pittsburgh School of Medicine

Jennifer McComb, MD, MPH
Clinical Associate Professor of Medicine
Section Chief, Pulmonary and Critical Care Medicine
UPMC Shadyside Hospital

Kathleen McIntyre-Seltman, MD
Professor of Obstetrics, Gynecology, and Reproductive Sciences
University of Pittsburgh School of Medicine
Advisory Dean, Office of Student Affairs
Gynecologist, Magee Womens Hospital of UPMC

Elizabeth Mohan, MD
Associate Director, Geriatric Fellowship Program
UPMC St. Margaret Hospital

Dave Nace, MD, MPH
Associate Professor of Medicine
Director, Long Term Care, Division of Geriatric Medicine
University of Pittsburgh
Chief of Medical Affairs, UPMC Senior Communities

Raymond Pontzer, MD
Clinical Associate Professor of Medicine
Chief, Infectious Diseases
UPMC St. Margaret Hospital

Jennifer Pruskowski, PharmD
Assistant Professor, University of Pittsburgh School of Pharmacy Department of Pharmacy and Therapeutics
Palliative Care Clinical Pharmacy Specialist
UPMC Palliative and Supportive Institute

Eric Rodriguez, MD, MPH
Associate Professor of Medicine, Geriatrics
University of Pittsburgh School of Medicine

Heather Sakely, PharmD
Director, PGY2 Geriatric Pharmacy Residency
Director, Geriatric Pharmacotherapy,
UPMC St. Margaret Hospital
Department of Medical Education
UPMC St. Margaret

Susan Saxon, CRNP, MSN
Director of Community Based Palliative Care
UPMC Advanced Practice Providers

Leslie Scheunemann, MD, MPH
Assistant Professor of Geriatrics, Pulmonary and Critical Care
University of Pittsburgh School of Medicine

John Schindler, MD
Associate Professor of Medicine
University of Pittsburgh School of Medicine
Co-Director, Center for Aortic Valve Disease
Team Cardiologist, NFL Pittsburgh Steelers
UPMC Presbyterian-Shadyside Hospitals

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Marc Schwartz, MD  
Assistant Professor of Medicine  
University of Pittsburgh School of Medicine

Bonnie Schuster, BSN, MSN  
Director of Care Management  
UPMC Shadyside Hospital

Terence Starz, MD  
Clinical Professor of Medicine  
University of Pittsburgh School of Medicine

Jessie VanSwearingen, PhD, PT  
Associate Professor  
Department of Physical Therapy  
University of Pittsburgh School of Medicine

James Tew Jr., MD  
Associate Chief, WPIC Inpatient, UPMC  
Medical Director, Quality & Clinical Pathways  
Associate Professor of Psychiatry  
University of Pittsburgh School of Medicine

Pamela Toto, PhD, OTR/L  
Associate Professor  
Director, Doctor of Clinical Science in Occupational Therapy  
University of Pittsburgh

Justin Vujevich, MD  
Medical Director and Dermatologist, Vujevich Dermatology Associates

Evan Waxman, MD, PhD  
Associate Professor, Department of Ophthalmology  
University of Pittsburgh School of Medicine  
Vice chair for education, UPMC Eye Center  
Director, Comprehensive Ophthalmology, UPMC Eye Center

Lyn Weinberg, MD  
Core Faculty, Geriatrics  
Medical Director, Hospital Elder Life Program  
Assistant Professor of Medicine  
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University of Pittsburgh School of Medicine  
Geriatric Research, Education and Clinical Center  
VA Pittsburgh Healthcare System

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Assistant Professor of Medicine  
Division of Geriatric Medicine  
University of Pittsburgh School of Medicine  
Geriatric Track Program Director  
UPMC Internal Medicine Residency Training Program

Planning Committee  
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Christine Herb, MD  
Lisa Hilal, CRNP  
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Shuja Hassan, MD  
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Heather Sakely, PharmD  
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All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.
Registration Information

Pre-register – All pre-registrations are due by April 1, 2018. Registrations after this date are accepted only as on-site registrations. Registering online is the quickest and easiest way to reserve your space at CCEHS conferences.

• Visit our online registration site at https://ccehs.upmc.com
• Scroll to the Clinical Update in Geriatric Medicine section on the web page
• Click the Registration button and enter all the requested information
• After registering, an electronic confirmation will be sent to the email address you provided us when you registered.

Early registrations are those postmarked by March 1, 2018. Late registrations will be accepted at an additional fee and we cannot guarantee space in the program or any program inclusions for those registrations we receive after this date.

On-site Registrations – As of April 1, 2018, all registrations for this course are accepted only as on-site registrations. On-site registrants will pay $25 more than the late registration fee.

A confirmation letter will be faxed, mailed, or emailed if registration is completed through the mail, fax, or email by the registration deadline. If you register online, you will receive an immediate e-mail confirmation message. Please note: Registration is not complete until you receive this confirmation. If you do not receive this letter within 5-7 days of registration, please contact us at (412) 647-7050.

You must bring this confirmation with you to the conference.

Cancellation – All cancellations must be in writing, via U.S. mail, e-mail or fax. Tuition for cancellations postmarked or date stamped before March 27, 2018 will be completely refunded. After March 27, 2018 a $35 administrative fee will be assessed. No refunds will be made after April 3, 2018. Cancellation requests can be made to:

Krystal Golacinski
Coordination Specialist
UPMC Center for Continuing Education in the Health Sciences
Fax: (412) 647-8222 • E-mail: mooreKL2@upmc.edu

The University of Pittsburgh Center for Continuing Education in the Health Sciences reserves the right to cancel this program if sufficient registrations are not received. In the case of cancellation, the department will fully refund registration fees.

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Registration Information – continued from page 11

Registration Fee: (does not include dinner/symposium)

<table>
<thead>
<tr>
<th>Category</th>
<th>Early Registration (postmarked prior to March 1, 2018)</th>
<th>Late Registration (postmarked after March 1, 2018)</th>
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<tbody>
<tr>
<td>MD (nonmember of PA Geriatrics Society - Western Div.)</td>
<td>$335</td>
<td>$365</td>
</tr>
<tr>
<td>MD (member of PA Geriatrics Society - Western Div.)</td>
<td>$305</td>
<td>$340</td>
</tr>
<tr>
<td>Nurses and health care professionals (nonmember of PA Geriatrics Society - Western Div.)</td>
<td>$270</td>
<td>$300</td>
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<tr>
<td>Nurses and health care professionals (member of PA Geriatrics Society - Western Div.)</td>
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<td>$275</td>
</tr>
<tr>
<td>Residents, fellows, and other trainees</td>
<td>$220</td>
<td>$250</td>
</tr>
<tr>
<td>Pre-professional degree</td>
<td>$130</td>
<td>$130</td>
</tr>
</tbody>
</table>

"On-Site" registrations will pay an additional $25 in each category.

Dinner Symposium – Thursday, April 5
(all participants – optional at additional cost) $60

Half-day (each session) — indicate which day(s) on registration form $100 ea.

Tuition includes:

- Registration and comprehensive course syllabus
- Admission to Geriatric Annual program and to the exhibit hall
- Continuing education credit
- Continental breakfast each morning, lunch on Thursday and Friday, and coffee breaks for full conference registrants.

For information on becoming a Geriatric Society member, please contact Nadine Popovich at (412) 321-5035, ext. 110.

Special Needs

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling (412) 321-5030.

The University of Pittsburgh is an affirmative action, equal opportunity institution.
Last FIVE digits of Social Security Number ___ – ___ ___ ___ ___ 

Prefix  ☐ Mr.  ☐ Mrs.  ☐ Dr.  ☐ Ms.  ☐ Other, please indicate: 

First Name ____________________________________________

Last Name ____________________________________________

Suffix (Jr., Sr., etc.) ________________________________

Company/Institutional Affiliation ____________________________________________

Specialty ____________________________________________

E-mail Address ____________________________________________

Degree (choose only one)  ☐ MD  ☐ DO  ☐ Resident  ☐ PhD  ☐ MPH  ☐ RN

☐ Other, please indicate: ____________________________________________

Address ____________________________________________

City __________________________ State ______ ZIP Code ______

Work Telephone (_____) __________________ Fax (_____) ____________

Registration Fee: Please check appropriate fee: 

“On-Site” registrations will pay an additional $25 in each category.

☐ MD (nonmember of PA Geriatrics Society - Western Div.) $335 $365

☐ MD (member of PA Geriatrics Society - Western Div.) $305 $340

☐ Nurses and health care professionals (nonmember of PA Geriatrics Society - Western Div.) $270 $300

☐ Nurses and health care professionals (member of PA Geriatrics Society - Western Div.) $245 $275

☐ Residents, fellows, and other trainees $220 $250

☐ Pre-professional degree $130 $130

☐ Dinner Symposium – Thursday, April 5 (all participants – optional at additional cost) $60

☐ Half-day (each session) Please indicate which day(s): ____________ @ $100 ea. = $______

Please indicate below which session(s) you are planning to attend:

☐ Thursday morning, April 5 (includes breakfast and morning break)

☐ Thursday afternoon, April 5 (includes lunch and afternoon break)

☐ Friday morning, April 6 (includes breakfast and morning break)

☐ Friday afternoon, April 6 (includes lunch and afternoon break)

☐ Saturday morning, April 7 (includes breakfast and morning break)

Total Registration fee enclosed $ _______________________

continued on other side
BREAKOUT WORKSHOPS

PLEASE RANK IN ORDER OF PREFERENCE EACH GROUP OF BREAKOUT SESSIONS. ADMITTANCE WILL BE BASED ON A FIRST-COME, FIRST-SERVED BASIS.

Friday morning, April 6, 2018

10:30 AM – 11:10 AM Breakout Workshop I • 11:15 AM – 11:55 AM Breakout Workshop II

*Rank 1-5 in order of preference, 1 being highest preference.*

☐ A. When the Chief Complaint is the Least of the Patient’s Problems  
☐ B. Difficult Cases in the Skilled Nursing Facility Setting  
☐ C. Delirium Workshop  
☐ D. Ask the Nephrologist  
☐ E. NH Regulations – Update on F Tags

Friday afternoon, April 6, 2018

3:40 PM – 4:20 PM Breakout Workshop III • 4:30 PM – 5:10 PM Breakout Workshop IV

*Rank 1-5 in order of preference, 1 being highest preference.*

☐ F. Ask the Gastroenterologist  
☐ G. Tales from the Hospital Case Manager  
☐ H. Common Eye Problems in Seniors  
☐ I. The Exercise Prescription for the Elderly  
☐ J. Eliciting Goals of Care — A Practical Approach

Saturday morning, April 7, 2018

8:00 AM – 8:40 AM Breakout Workshop V • 8:50 AM – 9:30 AM Breakout Workshop VI

*Rank 1-5 in order of preference, 1 being highest preference.*

☐ K. Ask the Psychiatrist  
☐ L. Vaginal Bleeding in the Elderly — What the Clinician Needs to Know  
☐ M. Tools to Improve Your Deprescribing Practice  
☐ N. Frailty: A Clinician’s Approach  
☐ O. Palliative Care in the Nursing Home

How did you hear about this conference? __________________________________________

☐ I require vegetarian lunch.  ☐ I require kosher lunch.  ☐ I have no special dietary requirements.

☐ Other _____________________________________

☐ YES! Send me information about becoming a member of the PA Geriatrics Society – Western Division.

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Method of Payment

The following methods of payment are acceptable for the registration fee:

- Checks, personal or employer
- Credit Card
- UPMC Transfers

- Checks. Make payable to University of Pittsburgh Physicians
  - Employer check included
  - Personal check included

  *There is a $25.00 returned check fee.*

- Credit Card Payments
  - Visa
  - MasterCard
  - American Express
  - Discover

  Credit Card No. ____________________________

  Expiration Date (Month/Year) ____________________________

  Signature ____________________________

- UPMC Journal Entry Transfer. If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. *DO NOT SUBMIT a disbursement to UPMC Accounts Payable. Complete the following:*

  Business unit ____________________________

  Account number ____________________________

  Department ID number ____________________________

  Authorized department signature ____________________________

  Telephone number ____________________________

  *NO REGISTRATION WILL BE ACCEPTED WITHOUT PAYMENT.*

Mail payment with the Registration Form on pages 13, 14 and 15 to:
University of Pittsburgh Center for Continuing Education in the Health Sciences
Iroquois Building, Suite 302 • 200 Lothrop Street
Pittsburgh, PA 15213-2536

For additional information, contact:
Telephone: (412) 647-7050 • Fax: (412) 647-8222
E-mail: moorekl2@upmc.edu
Meeting Location
Marriott Pittsburgh City Center
112 Washington Place • Pittsburgh, Pennsylvania 15219
Phone: (412) 471-4000, Fax: (412) 553-5252

Overnight Accommodations
The conference has contracted a limited number of hotel rooms at the Marriott Pittsburgh City Center for our conference attendees. You may book a room by calling the hotel at (412) 471-4000 and stating that you are attending the Clinical Update in Geriatric Medicine Conference. The room block is limited and only available until Wednesday, March 14, 2018 at 3:00 PM. Space cannot be guaranteed once the block expires or the block is filled, whichever occurs first.

Room rates are $146.00 per night plus applicable taxes and fees.

If you experience difficulty arranging your reservations, please call Nadine Popovich at (412) 321-5030 or email to npopovich@acms.org.

Parking
Parking is on your own and not covered by conference tuition. The on-site parking is approximately $18/day. Overnight parking with in and out privileges is $22/day; Valet Parking is $26/day. The entrance is located on the side of the Marriott Pittsburgh City Center hotel. Additional parking can be found across the street from the hotel at the PPG Paints Arena.

For more information contact:
Center for Continuing Education in the Health Sciences
Iroquois Building, Suite 302
200 Lothrop Street
Pittsburgh, PA 15213-2536
Phone: (412) 647-8232 or (412) 647-7050
Fax: (412) 647-8222 • E-mail: ccehsconfgmt101@upmc.edu
Visit the Center for Continuing Education in the Health Sciences Web Site

Our Internet address is: https://ccehs.upmc.com

The University of Pittsburgh Center for Continuing Education in the Health Sciences invites you to visit our web location. Receive information on CME programs, earn CME credits on the Internet, and access information about our formal courses and much more. Discover who we are and how you can contact us. Please visit our web location often to get updated information on upcoming programs.
26th Annual Clinical Update in

GERIATRIC MEDICINE

April 5-7, 2018

Marriott Pittsburgh City Center
Pittsburgh, Pennsylvania

To register, please visit:
https://ccehs.upmc.com/liveFormalCourses.jsf